



## Appointments for Attention Deficit / Hyperactivity Disorder (ADHD)

Attention Deficit / Hyperactivity Disorder (ADHD) is a very common neuropsychiatric disorders in childhood and adolescence. The disorder may persist into adulthood in 40-60% of those affected. ADHD often co-exists with other disorders such as depression, anxiety, and substance use disorder. Symptoms of inattention, impulsivity and hyperactivity are usually present before the age of 12. ADHD symptoms often impair social, academic and occupational functioning. Many of the symptoms of ADHD may be seen in other mental health disorders which can make ADHD more difficult to diagnose. Because many of the medications used to treat ADHD are controlled substances and have abuse potential, it is important that persons affected by this disorder be carefully evaluated to ensure that treatment is appropriate.

Texas Woman's University Student Health Services has a policy that establishes guidelines for accepting and managing the care of patients with ADHD. Students interested in having a physician manage their ADHD while at TWU must have an established diagnosis of ADHD and provide documentation of at least one of the following:

- Neuropsychological testing by a psychologist supporting a diagnosis of ADHD
- Evaluation by a psychiatrist documenting the diagnosis of ADHD
- Recent treatment by a psychiatrist for ADHD

Students are requested to submit pertinent medical records with any psychological testing and medications used for treatment with prescribed dosages before making an appointment for ADHD treatment. Medical records may be submitted to TWU SHS by:

- Faxing to (940) 898-3844
- Mailing to TWU Student Health Services, PO Box 425467 Denton, TX 76204-5467
- Hand deliver to Student Health Services, Jones Hall, 604 Administration Drive, Suite 120 on the Denton campus
- Students may also submit a completed TWU SHS Medical Release form  
[https://www.twu.edu/media/documents/student-health-services/medical\\_records\\_release\\_request.pdf](https://www.twu.edu/media/documents/student-health-services/medical_records_release_request.pdf)

If medical records are mailed or faxed to SHS, students should call (940) 898-3826 to confirm that records have been received. After receipt of records, please allow 5 business days for physician review. If medical records include the required information listed above, the physician will approve the appointment for ADHD and SHS will contact the student to arrange for an appointment. If the medical records do not provide the required information, SHS will contact the student and provide a list of local resources for further evaluation. Students with complex mental health disorders and co-existing ADHD may be referred to a psychiatrist for management.

Drugs such as Adderall, Ritalin and Vyvanse are classified as controlled substances and therefore have restrictions on how they can be prescribed.

- SHS physicians will only prescribe a one month supply of controlled substances at a time during an office visit



## STUDENT HEALTH SERVICES

TEXAS WOMAN'S UNIVERSITY

- Lost or stolen prescriptions will not be replaced
- To ensure proper prescription compliance
  - SHS physicians will review the Texas Prescription Monitoring Program prior to the student's initial visit and at each subsequent to assess for proper prescription usage
  - Urine drug testing will be required at the first appointment and at least once per year, at a random interval. There is an additional charge for urine testing.