

Venipuncture Information Sheet

Please keep this information sheet accessible until your venipuncture site has fully healed.

General Care

Keep the gauze or bandage on your blood draw site dry for several hours, until the site has had adequate time to heal. You may change this gauze/bandage, if necessary.

Potential Complications

If you experience any problems with your venipuncture site, seek medical attention and notify your contact for the research study so that they can file the appropriate reports within Texas Woman's University.

Excessive Bleeding

A small amount of bleeding is normal after blood is drawn, but this bleeding should stop after firm pressure has been applied for several minutes. If you have continued bleeding from the site, continue to apply firm pressure for a few more minutes. If the bleeding persists, seek medical attention.

Infection

The risk of infection following blood draws is minimal but should be taken seriously. Signs of infection include:

- Excessive pain, warmth, redness or swelling at the site
- Oozing/drainage from or around the site
- Fever, chills, fatigue, increasing aching or stiffness in your joints

Nerve Irritation

Irritation of a nerve may occur during blood draws. Signs of nerve irritation include:

- Localized numbness
- Localized tingling
- Localized weakness

If you experience any of the above signs, you should contact your primary care provider for advice. If you do not have a primary care provider, proceed to an urgent care clinic or emergency room for immediate medical attention.