



CENTER FOR
STUDENT RESEARCH
TEXAS WOMAN'S UNIVERSITY

Spring 2022 Workshop Series

12:00 – 1:00 PM, monthly - every second Wednesday

In-Person: Denton Campus - ACT 501

Feel free to bring your lunch!

Virtual: <https://twu-edu.zoom.us/j/4946093790>

The term "soft skills" has many definitions. Broad categories of soft skills have been defined as the following: 1) interpersonal skills, such as teamwork and communication; 2) thinking skills, such as decision-making and knowing how to learn; and 3) personal skills, such as sociability and self-management. Soft skills needed for today's workforce include the ability to communicate, collaborate, coordinate, and critically think. To this end, the CSR Spring 2022 Workshops will address communication and emotional intelligence.

FEBRUARY

- Date:** Wednesday, February 9, 2022
- Topic:** *Personality Styles & Effective Communication - Getting to Know Yourself*
- Presenter:** Dr. Shazia Ahmed, Clinical Professor - Biology and HEA Senior Fellow
Ms. Youlonda FitzGerald, Assistant Clinical Professor - Biology
Dr. Samantha Kottegoda, Lecturer – Biology
Dr. Maria Serrano, Lecturer - Biology
- Moderator:** Dr. Diana Elrod
- Format:** **Presentation with Activity and Debrief** – Presenters will introduce the topic, walk participants through an exercise, then provide a debrief with discussion for both undergraduate and graduate students.

MARCH

- Date:** Wednesday, March 9, 2022
- Topic:** *Emotional Intelligence and Its Importance to Your Future Successes*
- Presenter:** Dr. Shannon Scott, Associate Dean - College of Arts and Sciences, Professor - Psychology and Philosophy
- Moderator:** Dr. Diana Elrod
- Format:** **Presentation with Activity and Debrief** – Presenter will introduce the topic, walk participants through an exercise, then provide a debrief with discussion for both undergraduate and graduate students.