

CLIENT CONFIDENCE SCALE				
I am confident in my ability to...	Date	Date	Comments/ Recommendations	
1. Return home right now with my current amount of support.	-		Jane is worried about needing help in the bathroom, but is confident Sally can help.	
2. Receive needed assistance from my care partner.	-			
3. Manage self-care needs (e.g. eating, bathing, toileting, dressing, etc.).	+			
4. Participate in daily routines (e.g. household duties, work, childcare, etc.).	+			
5. Participate in important activities in the home (for greater psychosocial wellbeing).	-			
6. Participate in important social activities with friends in the community (for greater psychosocial wellbeing).	-			
7. Participate in my medical management (e.g. monitor blood glucose, weight, blood pressure, etc.).	+			
<b>Raw Score: Count of number of Problems(+s)</b>		3		
<b>Raw Score (# of +s)</b>	0	1-2	3-4	5-7
<b>Problem Index Score - Date:</b>	1-No Problem	2-Minor	3-Moderate	4-Major
<b>Problem Index Score -Date:</b>	1-No Problem	2-Minor	3-Moderate	4-Major

BATHROOM				
Will it be a problem to...	Date	Date	Comments/ Recommendations	
1. Get in and out of a bathroom at home (one with shower/tub and toilet)?	+		Jane wants to be independent in the bathroom. Already using raised toilet seat & tub bench. Will have bathroom door widened before time of discharge.  Recommendation: install grab bars in the bathtub.	
2. Make turns into the bathroom with your mobility device?	+			
3. Use a sink?	-			
4. Use bathroom supplies (e.g. teeth brushing, shaving, hair care, makeup)?	-			
5. Put away and get to needed supplies?	-			
6. Have and use non-slip mats (in shower/tub, by sink)?	-			
7. Get on and off the toilet?	+			
8. Clean yourself after using the toilet?	-			
9. Get in and out of shower/bathtub?	-			
10. Wash body and hair?	+			
11. Have home modifications completed for discharge?	-			
<b>Raw Score (# of +s)</b>		4		
<b>Raw Score (# of +s)</b>	0	1-3	4-6	7-11
<b>Index Score-Date:</b>	1-No Problem	2-Minor	3-Moderate	4-Major
<b>Index Score-Date:</b>	1-No Problem	2-Minor	3-Moderate	4-Major