

TWU-Houston Graduate Program in Nutrition and Dietetics (GPND) Curriculum and Plan of Study

MS Nutrition Curriculum/Plan of Study			
TERM/COURSE	SCH-Thesis	SCH-Coursework	SEL Hours
Summer 1 (optional)			
NFS Elective (Online/Hybrid)		0-3	
Fall 1			
NFS 5213 Macronutrients (Online)	3	3	
NFS 5363 Nutrition & Disease (Hybrid)	3	3	
NFS 5072 SEL 1-Foundations	2	2	~176
NFS 5071 GPND Orientation	1	1	
Spring			
NFS Elective (Online/Hybrid)		3	
NFS 5233 Research in Nutr Science (In-Person)	3	3	
NFS 5083 SEL 2-Applied Practice	3	3	~284
NFS 5983 Thesis 1	3		
SUMMER 1 or 2			
NFS 5183 Leadership & Management in Nutrition (Hybrid)	3	3	
NFS Elective (Online)	3	0-3	
NFS 5093 SEL 3-Advanced Practice Integration	3	3	~257
FALL 2			
NFS 5993 Thesis 2	3		
NFS Elective (Online/Hybrid/F2F, as available)	3	3	
NFS 5633 Capstone (Hybrid)		3	
NFS 5103 SEL 4-Competency Synthesis	3	3	~293
Total	36	36	~1016

MS Exercise and Sports Nutrition Curriculum/Plan of Study			
TERM/COURSE	SCH-Thesis	SCH-Coursework	SEL Hours
Summer 1 (optional)			
NFS 5163 Advanced Exercise Physiology (Hybrid) (Optional)	0-3	0-3	
NFS Elective (Online/Hybrid)*		0-3	
Fall 1			
NFS 5213 Macronutrients (Online)	3	3	
NFS 5363 Nutrition & Disease (Hybrid)	3	3	
NFS 5072 SEL 1-Foundations	2	2	~176
NFS 5071 GPND Orientation	1	1	
Spring			
NFS 5583 Nutrition & Exercise (Online)	3	3	
NFS Elective (Online/Hybrid)*		0-3	
NFS 5233 Research in Nutr Science (In-Person)	3	3	
NFS 5083 SEL 2-Applied Practice	3	3	~284
NFS 5983 Thesis 1	3		
SUMMER 1 or 2			
NFS 5183 Leadership & Management in Nutrition (Hybrid)	3	3	
NFS 5163 Advanced Exercise Physiology (Hybrid)	0-3	0-3	
NFS 5133 Sports Nutrition Practicum	0-3	0-3	
NFS Elective (Online)*		0-3	
NFS 5093 SEL 3-Advanced Practice Integration	3	3	~257
FALL 2			
NFS 5993 Thesis 2	3		
NFS 5133 Sports Nutrition Practicum	0-3	0-3	
NFS Elective (Online/Hybrid/F2F, as available)*		3	
NFS 5633 Capstone (Hybrid)		3	
NFS 5103 SEL 4-Competency Synthesis	3	3	~293
Total	39	39	~1016

*A total of 3 credit hours of electives is required for the MS ESN-Coursework track

Non-Degree Seeking Curriculum/Plan of Study (For students with approved MS degree and PAL plan)			
TERM/COURSE	SCH-Thesis	SCH-Coursework	SEL Hours
Fall 1			
NFS 5072 SEL 1-Foundations	2	2	~176
NFS 5071 GPND Orientation	1	1	
Spring			
NFS 5083 SEL 2-Applied Practice	3	3	~284
SUMMER 1 or 2			
NFS 5093 SEL 3-Advanced Practice Integration	3	3	~257
FALL 2			
NFS 5103 SEL 4-Competency Synthesis	3	3	~293
Total	12	12	~1016