

Cardiac Rehabilitation Sites - Updated Oct 2025

This is a list of pre-approved sites. Other sites are subject to the approval of the Administrator of Student Services, Jill Denniston. It is important to set up an appointment to meet with Mrs. Denniston to discuss the site you are choosing. **If you find that a contact or phone number has changed, please let us know by contacting Brenda Watson, Internship Coordinator, at bwatson5@twu.edu.**

Baylor Scott & White Heart & Vascular Hospital - Dallas) >350 hrs

Tiffany Shock
214-820-1371
tiffany.shock@BSWHealth.org
Joshua Medders
Joshua.Medders@BSWHealth.org
817-922-1852

Baylor Scott and White Medical Center – Lake Pointe - Rowlett

Samantha Argueta
Internship Coordinator, Exercise Physiologist
Samantha.Argueta@BSWHealth.org
972-520-8590
972-520-9162 Main #

Baylor Scott and White Heart & Vascular Hospital - Waxahachie

Lesly Villa
Lesly.Villa@BSWHealth.org
469-843-7260
Joshua Medders
Joshua.Medders@bswhealth.org
817-922-1852

Baylor Scott & White Medical Center - Round Rock, Texas

Matthew Porter, Cardiac Rehab
matthew.porter1@BSWHealth.org
512-509-0233
302 University Blvd.
Round Rock, TX 78665

Baylor Scott & White Medical Center - Grapevine >350 hrs

Marla Bush
817-424-4564
1600 W. College St. #435
Grapevine, TX 76051

Baylor Scott & White - The Heart Hospital Denton >400 hrs

Julie Dunagan (Site Supervisor Denton & Plano)
Julie.Dunagan@BSWHealth.org
469-814-4858

**When asking for application packet please
specify which location you are asking about.**

Baylor Scott & White Medical Center – Irving

Cher Adams - Main Contact
cher.adams@bswhealth.org
972-990-4260
*Wants Confidentiality Statement Signed by Student

Baylor Scott & White The Heart Hospital – Ft.Worth >350 hrs

Carter Rehab and Fitness Center
Sanjay Shrestha
Sanjay.Shrestha@BSWHealth.org
817-922-1898
or Joshua Medders
Joshua.Medders@BSWHealth.org
817-922-1898
Located at BSW All Saints Med. Center
1350 All Saints Ave.,
Ft. Worth, TX 76104

Baylor Scott & White The Heart Hospital

Plano >400 hrs

Julie Dunagan (Site Supervisor for Plano & Denton)

Julie.Dunagan@BSWHealth.org

469-814-3550

1100 Allied Dr.

Plano, TX 75093

When asking for application packet please
specify which location you are asking about.

**Christus Institute For Healthy Living –
Longview, TX**

Beth Neidlinger - Contact

903-315-2587

elizabeth.neidlinger@christushealth.org

Jennifer Ferrell - Contact

jennifer.ferrell@christushealth.org

CHRISTUS Health - Tyler

Tami Hurley

tami.hurley@christushealth.org

Linda Moseley

linda.moseley@christushealth.org

800 S. Beckman Ave.

Tyler, TX 75701

**Mary Rich-Lynch Cardiac Rehab Center/
Hunt Regional - Greenville, TX**

Desiree Tapp

903-408-5050

dtapp@huntregional.org

Elizabeth McMahan - Contact

emcmahan@huntregional.org

903-408-5050

Medical City – Dallas >400 hrs

Erica Lax - Manager

Erica.Lax@MedicalCityHealth.com

972-940-9550 or 972-940-9551

Susan Musselman

Clinical Education & Professional Practice

Susan.Musselman@MedicalCityHealth.com

972-566-2181

THIS SITE REQUIRES >400 HOURS

Medical City - Decatur

(Used to be Wise Health)

Susan Rector - Director/Contact

Susan.Rector@MedicalCityHealth.com

940-626-1732

Medical City Denton

Sarah Dillard

940-384-3535 - Main #

Sarah.Dillard@MedicalCityHealth.com

3535 S. Interstate 35

Denton, TX 76201

Medical City Plano

Lynn Kubic

972-519-1274

Lynn.Kubic@MedicalCityHealth.com

or Jeanne Cross

jeanne.cross@MedicalCityHealth.com

or Brittany Mullen

Brittany.Mullen@MedicalCityHealth.com

3901 W. 15th St.

Plano, TX 75075

**Memorial Hermann - Memorial City
Medical Center**

Lourdes Nguyen

Lourdes.Nguyen@memorialhermann.org

713-242-4813

Memorial Hermann – SW Hospital Houston

Ryan Tully

713-778-6248

Ryan.Tully@memorialhermann.org

**Memorial Hermann Texas Medical Center –
Houston**

Shamail Caligone - Student Coordinator

Shamail.Caligone@memorialhermann.org

Heather Knight-Westover - Contact

Heather.KnightWestover@memorialhermann.org

Ashley Stevenson

Ashley.Stevenson@memorialhermann.org

Methodist Charlton Medical Center – Dallas

Barbara Lennon
barbaralennon@mhd.com
214-947-0671

North Texas Medical Center – Gainesville

Kristie Bayer
940-665-1751
kristie.bayer@ntmconline.net

Palo Pinto General Hospital

Kim Mason
kmason@ppgh.com
940-328-6529

400 Southwest 25th Ave.
Mineral Wells, TX 76067
940-328-6232

Paris Regional Health

Mary-Lou Wofford
Mary-Lou.Wofford@lifepointhealth.net
Diane Grissom
diane.grissom@lifepointhealth.net
903-739-7511
Stephanie Lind- Education Coordinator
stephanie.lind@lifepointhealth.net
865 Deshong Dr.
Paris, TX 75460

Parkland Health and Hospital System- Dallas

Shalena Robinson
Shalena.robinson@phhs.org
214-266-2137

Prisma Health

Shandell Goldsmith
Education Program Manager
Shandell.Goldsmith@prismahealth.org
864-455-1177
605 Grove Road, Suite C-402
Greenville, SC 29605

**Texas Health Harris Methodist Hospital –
HEB Cardiac Rehab**

Adrian Schuh
AdrianSchuh@texashealth.org
734-489-5143

**Texas Health Harris Methodist Hospital –
Stephenville**

Crystal Allan
CrystalAllan@texashealth.org
254-552-3110

**Texas Health Huguley Hospital –
Fort Worth South**

Kari Wallace - 817-551-2681
Kari.Wallace@adventhealth.com
*Drug Screen – 30 Days

Note: Fall & Spring semester internships only

**Texas Health Memorial Hospital -
Arlington, TX**

Brenda Doughty
BrendaDoughty@texashealth.org
Main Phone # 817-960-6475

**Texas Health Presbyterian Hospital Cardiac
Rehabilitation - Allen**

Brooke Ellis - Contact
BrookeEllis@texashealth.org
972-747-6909
Kelsey Gibbons
Kelsey.Gibbons@texashealth.org
972-825-7631

Texas Health Presbyterian Hospital- Dallas

Cardiac Rehabilitation >350 hrs
Ashley Laible
AshleyLaible@texashealth.org
214-345-4645
Mary Kate Porterfield
MaryHyde@texashealth.org

Texas Health Presbyterian Hospital - Denton

LaNell Noggler
940-898-7359
LanellNoggler@texashealth.org

Texas Health Presbyterian – Plano

Brooke Meier

972-981-3114

BrookeFugate@texashealth.org

Texas Health Presbyterian - Rockwall

Steven Rios

StevenRios2@TexasHealth.org

469-698-1687 - Phone

469-698-1516 - Fax

Texoma Medical Center – Denison

Lisa Smith

903-416-5251

Lisa.Smith@thcs.org

Michaela Prater - Assists Lisa

Michaela.Prater@thcs.org

903-416-4245

Out Of State:**Tampa General Hospital**

Tampa, Florida

Thomas Reed (813-844-7221)

Treed@TGH.org

Sarasota Memorial Hospital

Sarasota, Florida

Meredith Cleveland (941-917-7981)

Meredith-Cleveland@smh.com

University of Maryland

Charles Regional Center

Brian Loux

301-609-4391

bloux@uom.edu

Research in Biomechanics Internship Option:

- The program will be divided into two semesters:
Fall/Spring – 175 hours each semester
- The student must have successfully completed
Biomechanics at TWU (KINS 3593) with a grade
of B or higher.
- Only students interested in pursuing research in
Graduate School may apply for this position.
- CPR/AED Certification required
- To apply contact: Dr. Young-Hoo Kwon
ykwon@twu.edu

Corporate Fitness Sites - Updated Sept 2025

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Adaptive Training Foundation

Andrew Byrd
andrew@adaptivetrainingfoundation.org
4125 Old Denton Rd.
Carrollton, TX 75010
469-830-5676

Athlete Training & Health - Allen

David Perez, Athletic Director
dperez@athleteth.com
469-213-0730
Adrian Hernando, General Manager
ahernando@athleteth.com
1110 Raintree Circle
Allen, TX 75013

Cooper Fitness Center – Dallas

Kelsey Thompson - Main Contact
kthompson@cooperfitnesscenter.com
972-560-6308
Jenn Molder
jmolder@cooperfitnesscenter.com
972-233-4832 x6498
To apply for fall internship:
<https://recruiting.paylocity.com/recruiting/jobs/Details/2218747/Cooper-Aerobics/Cooper-Fitness-Center-Intern---Fall-Semester>

Coppell Family YMCA – Coppell **All YMCA's are under YMCA - Dallas**

Cross Timbers Family YMCA **All YMCA's are under YMCA- Dallas**

D&D Sports Medicine - Denton **(Also knows as Main Street Therapy)**

Kathy Heimerdinger
kheimerdinger@blueskytherapy.net
kheimerdinger@ddsportsmed.com
940-380-9111
2318 San Jacinto Blvd #108
Denton, TX 76205

D1 Training - Cedar Park

Donald Gress
donald.gress@d1training.com
440-339-8692
601 W. New Hope Dr.
Cedar Park, TX 78613

D1 Training – Dallas, Ft. Worth, Arlington, Frisco & Garland

Kevin Engelbrecht
kevin.engelbrecht@d1training.com
214-750-0059
www.d1training.com/dallas

D1 Training - Mesquite

Thomas Dunker
Thomas.dunker@d1training.com
1220 N. Town East Blvd. #660
Mesquite, TX 75150
214-416-9607

D1 Training - Prosper

Jennifer Hanks - Owner

jen.hanks@d1training.com

972-435-6640

Isiah Perez - Site Supervisor

Isiah.Perez@d1training.com

F45 Training - Argyle

Tyler Buckminster - Owner

tyler.buckminster@gmail.com

Argyle@f45training.com

940-441-1160 Phone

1234 FM 407, Suite 400

Northlake, TX 76226

Driven Elite Fitness & Health – Denton

Angie Maffey

940-565-1500

amaffey@drivenelite.net

2686 Old Alton Rd.

Denton, TX 76210

Health Fitness Corp.

Julie Brown

Julie.Brown@hfit.com and

Britni Douglas

Britni.Douglas@hfit.com

847-283-1426

400 Field Drive

Lake Forest, IL 60045

Elite Speed and Sports Training

Carlos Codie

carloscodie@gmail.com

435 CR4831, Bldg #2

Haslet, TX 76052

817-797-1079

Legacy Midtown Park

Elizabeth Niksich - Contact

Director of Wellness

eniksich@thelegacymp.org

469-497-3817

www.thelegacyseniorcommunities.org/legacymidtownpark/

EXOS - Nationwide

Caroline Harris

Internship Program Manager

caroline.harris@teamexos.com

864-381-2070

Note: Caroline Harris is the person to contact for any of the locations.

AREA LOCATIONS

Children's Health Andrews Institute

Sports Management - Plano

PepsiCo (Corporate Wellness Site) Plano

American Airlines (Corp Wellness Site)

Ft. Worth

CapMetro (Corp Wellness Site) Austin

Please see website for info

[https://exos.wd5.myworkdayjobs.com/](https://exos.wd5.myworkdayjobs.com/EXOSCAREERS/job/Phoenix-AZ/Performance-Intern_21-1757)

[EXOSCAREERS/job/Phoenix-AZ/](https://exos.wd5.myworkdayjobs.com/EXOSCAREERS/job/Phoenix-AZ/Performance-Intern_21-1757)

[Performance-Intern_21-1757](https://exos.wd5.myworkdayjobs.com/EXOSCAREERS/job/Phoenix-AZ/Performance-Intern_21-1757)

Legacy - Willow Bend

Lorelei Pineda

lpineda@TheLegacyWB.org

972-468-6215

6101 Ohio Drive

Plano, TX 75024

Main Street Therapy

(Please see D&D Sports Med)

Project Transcend Fitness & Recovery

Matthew Arnold

project.transcendllc@gmail.com

550 W. Round Grove Rd. #750

Lewisville, TX 75067

254-368-7170

RISHER COMPANY - HOUSTON

April Zieschang - Contact

april@risherco.com

281-728-9435

5005 Rosslyn Rd.

Houston, TX 77018

877-574-7437 Main #

S2S Functional Performance-Flower Mound

Sofia Leal

sofia@s2sperform.com

4040 Bryce Lane

Flower Mound, TX 75077

S2S Functional Performance - Frisco

Meredith Tittle

meredith@s2sperform.com

info@s2sperform.com

940-241-1215

8195 Custer Rd. #100

Frisco, TX 75035

TWU Athletics - Sports Performance

Sandee Mott - Athletic Director

Smott3@twu.edu

Texas Health Huguley Fitness Center – Ft. Worth South

(only accepting interns with fitness health specialist interests)

Randy Turner

817-568-3131

Randy.turner@adventhealth.com

Students need Confidentiality Statement & Standards of Behavior.

YMCA of METROPOLITAN DALLAS

(This includes all DFW locations)

Corinne Carter

Talent Acquisition Director

ccarter@YMCADALLAS.org

972-393-5121

146 Town Center Blvd.

Coppell, TX 75019

Locations Covered:

Association Office-Coppell

Childcare-Coppell

Coppell Family YMCA

Cross Timbers YMCA (Flower Mound)

Frisco YMCA

Grand Prairie YMCA

JER Chilton YMCA at Rockwall

Lake Highlands YMCA

McKinney YMCA

Moody YMCA

Moorland YMCA at Oak Cliff

Park South YMCA

Plano YMCA

Richardson YMCA

Semones YMCA

T. Boone Pickens YMCA

Waxahachie YMCA

Rise School

Camp Grady Spruce

Sport Management Sites – Updated September 2025

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Allen Americans Professional Hockey Club

Hallie Stueckrath
hallies@allenamericans.com
972-912-1000
200 E. Stacy Rd, Bldg. 1350
Allen, TX 75002

Arlington ISD Athletics

Kim Peach – Contact
Arlington ISD Asst Dir of Athletics
Kpeach1@aisd.net
682-867-1950
1001 E. Division St,
Arlington, TX 76011

Ft. Worth Sports

Commission/Visit Ft. Worth
Heath Aucoin
Director of Operations
heath@fortworth.com
918-688-3990
1201 Throckmorton St.
Ft. Worth, TX

North Texas Fastpitch Assoc.

Randy Hale
Co-Owner
R13hale@gmail.com
214-454-5900
100 Birchwood Ct.
Forney, TX 75126

Northern Texas PGA

Alexa Harper
aharper@ntpga.com
Paige Holland
pholland@ntpga.com
214-379-1292
16124 Championship Dr.
Frisco, TX 75033

Racing Systems

Felicia Rubalcudo
manager@wetimeraces.com
214-642-8620
1501 Randolph St.
Carrollton, TX 75006

Round Rock Sports Center & Multipurpose Complex, City of Round Rock Sports & Tourism Dept.

Riley Scott
Assistant Sports Event Coordinator
rscott@roundrocktexas.gov
2400 Chisholm Trail Rd.
Round Rock, TX 78681
521-592-8811

San Antonio Missions Baseball Club

David Baez
dbaez@samissions.com
210-281-4527
5757 US Hwy 90 West
San Antonio, TX 78227

Team Sports Agency

Scott Casterline

Senior Agent & CEO

Sagent4@gmail.com

214-769-3600

5 Cowboys Way, Suite 300-31

Frisco, TX 75033

Texas Legends Basketball

Jayden Owens

Team Operations

jowens@texlegends.com

214-469-0118

2601 Avenue of the Stars

Suite 300

Frisco, TX 75034