

## **Cardiac Rehabilitation Internship Sites - Updated February 2026**

This is a list of pre-approved internship sites. Other sites are subject to the approval of the Administrator of Student Services, Jill Denniston. It is important to schedule an appointment with Mrs. Denniston to discuss the site you are choosing. **If you find that a contact or phone number has changed, please let us know by contacting Brenda Watson, Internship Coordinator, at [bwatson5@twu.edu](mailto:bwatson5@twu.edu).**

Unless otherwise indicated, the clinical (hospital) internship sites listed below require specific documentation that must be submitted to the School of Health Promotion & Kinesiology Administrator of Student Services and/or the Internship Coordinator. Refer to the Kinesiology Internship Manual for detailed instructions and additional information regarding each requirement.

Only those site requirements that have been mutually agreed upon for SHPK collection are outlined below. Internship sites may have requirements beyond those listed, and it is your responsibility to contact your site to determine and complete any additional obligations. Some sites require a drug screening and/or background check within 30 days prior to the internship start date; these sites are identified below under their contact information. If this applies to you, please contact the Administrator of Student Services, Jill Denniston.

Certain sites may also require current CPR/BLS certification and/or COVID-19 vaccination. These requirements are noted under each site's contact information.

### **Baylor Scott & White Heart & Vascular Hospital - Dallas >350 hrs**

#### **Tiffany Shock**

Supervisor Cardiac Rehabilitation

214-820-1371

[tiffany.shock@BSWHealth.org](mailto:tiffany.shock@BSWHealth.org)

411 N. Washington St., Suite 3100

Dallas, TX 75246

*Requires (for all BSW locations):*

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

### **Baylor Scott and White Heart & Vascular Hospital - Waxahachie**

#### **Lesly Villa**

Supervisor Cardiac Rehabilitation

469-843-7260

[Lesly.Villa@BSWHealth.org](mailto:Lesly.Villa@BSWHealth.org)

2460 N. I-35, Plaza I, Suite 255

Waxahachie, TX 75165

*Requires (for all BSW locations):*

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

### **Baylor Scott & White Medical Center - Grapevine >350 hrs**

Marla Bush

Supervisor Cardiac Rehabilitation

817-424-4564

[Marla.Bush@BSWHealth.org](mailto:Marla.Bush@BSWHealth.org)

1600 W. College St. #435

Grapevine, TX 76051

*Requires (for all BSW locations):*

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott & White Medical Center – Irving**

**Cher Adams**

Charge Nurse

972-990-4260

[cher.adams@bswhealth.org](mailto:cher.adams@bswhealth.org)

2001 N. MacArthur Blvd.

Irving, TX 75061

\*Needs Confidentiality Statement signed by student

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott and White Medical Center – Lake Pointe - Rowlett**

**Brooke Altobelli**

Supervisor Cardiac Rehabilitation

972-520-8590

[Brooke.Altobelli@BSWHealth.org](mailto:Brooke.Altobelli@BSWHealth.org)

6800 Scenic Dr.

Rowlett, TX 75088

972-520-9162 Main #

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott & White Medical Center - Round Rock, Texas**

**Matthew Porter**, Cardiac Rehab

Exercise Physiologist

512-509-0233

[matthew.porter1@BSWHealth.org](mailto:matthew.porter1@BSWHealth.org)

302 University Blvd.

Round Rock, TX 78665

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott & White - The Heart Hospital Denton**

>**400 hrs**

**Julie Dunagan** (Site Supervisor Denton & Plano)

469-814-4858

[Julie.Dunagan@BSWHealth.org](mailto:Julie.Dunagan@BSWHealth.org)

When asking for application packet please specify which location you are asking about.

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott & White The Heart Hospital – Fort Worth/ Carter Rehab and Fitness Center**

**Sanjay Shrestha**

Supervisor Cardiac Rehabilitation

817-922-1898

[Sanjay.Shrestha@BSWHealth.org](mailto:Sanjay.Shrestha@BSWHealth.org)

**Joshua Medders**

Director of Cardiac Rehab

817-922-1898

[Joshua.Medders@BSWHealth.org](mailto:Joshua.Medders@BSWHealth.org)

Located at BSW All Saints Med. Center

1350 All Saints Ave.,

Ft. Worth, TX 76104

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**Baylor Scott & White The Heart Hospital  
Plano >400 hrs**

**Julie Dunagan** (Site Supervisor Denton & Plano)

469-814-3550

[Julie.Dunagan@BSWHealth.org](mailto:Julie.Dunagan@BSWHealth.org)

1100 Allied Dr.

Plano, TX 75093

When asking for application packet please specify which location you are asking about.

Requires (for all BSW locations):

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and SARS CoV- documented series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)

**CHRISTUS Good Shepherd Medical  
Center Longview Heart & Vascular  
Institute**

**Jennifer Ferrell**

Clinical Director Cardiac Rehab

903-323-6549

[jennifer.ferrell@christushealth.org](mailto:jennifer.ferrell@christushealth.org)

Heart & Vascular Bldg.

700 E. Marshall Ave.

Longview, TX 75601

Requires (for all CHRISTUS locations):

- Background check within 60 days
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and COVID series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)
- CPR/BLS certification
- Students must have proof of health insurance.

**CHRISTUS Health - Tyler**

**Trinity Mother Frances Health System**

**Tami Hurley**

Clinical Education

[tami.hurley@christushealth.org](mailto:tami.hurley@christushealth.org)

800 S. Beckman Ave.

Tyler, TX 75701

Requires (for all CHRISTUS locations):

- Background check within 60 days
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine and COVID series of two vaccinations (Pfizer or Moderna) or one vaccination (Johnson & Johnson)
- CPR/BLS certification
- Students must have proof of health insurance.

**Gainesville Community Hospital**

(Please see North Texas Medical Center)

**Hunt Regional Medical Center**

(Please see Mary Rich-Lynch Cardiac Rehab Center)

**Mary Rich-Lynch Cardiac Rehab Center/Hunt  
Regional - Greenville, TX**

**Elizabeth McMahan**

903-408-5050

[emcmahan@huntregional.org](mailto:emcmahan@huntregional.org)

4215 Joe Ramsey Blvd. #211

Greenville, TX 75401

Requires:

- Background check may be requested by facility
- Drug Screen may be requested by the facility at any time during internship
- Immunizations must be on file with TWU.
- Encourages students to have health insurance.
- Signed Exhibits A & B from affiliation agreement

### **Medical City – Dallas >400 hrs**

**Erica Lax** - Manager

Exercise Physiologist

972-940-9550 or 972-940-9551

[Erica.Lax@MedicalCityHealth.com](mailto:Erica.Lax@MedicalCityHealth.com)

Susan Musselman

Clinical Education & Professional Practice

972-566-2181

[Susan.Musselman@MedicalCityHealth.com](mailto:Susan.Musselman@MedicalCityHealth.com)

**THIS SITE REQUIRES >400 HOURS**

#### **Requires:**

- Background check (must have SSN)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- Signed Statement of Responsibility (Exhibit A from Affiliation Agreement)
- Signed Confidentiality & Security Agreement (Exhibit B from Affiliation Agreement)
- Students must have proof of health insurance.

### **Medical City - Decatur**

**Susan Rector**

940-626-1732

[Susan.Rector@MedicalCityHealth.com](mailto:Susan.Rector@MedicalCityHealth.com)

#### **Requires:**

- Background check (must have SSN)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- Signed Statement of Responsibility (Exhibit A from Affiliation Agreement)
- Signed Confidentiality & Security Agreement (Exhibit B from Affiliation Agreement)
- Students must have proof of health insurance.

### **Medical City Denton**

**Sarah Dillard**

940-384-3535 - Main #

[Sarah.Dillard@MedicalCityHealth.com](mailto:Sarah.Dillard@MedicalCityHealth.com)

3535 S. Interstate 35

Denton, TX 76201

#### **Requires:**

- Background check (must have SSN)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- Signed Statement of Responsibility (Exhibit A from Affiliation Agreement)
- Signed Confidentiality & Security Agreement (Exhibit B from Affiliation Agreement)
- Students must have proof of health insurance.

### **Medical City Plano**

**Lynn Kubic**

972-519-1274

[Lynn.Kubic@MedicalCityHealth.com](mailto:Lynn.Kubic@MedicalCityHealth.com)

or Jeanne Cross

[jeanne.cross@MedicalCityHealth.com](mailto:jeanne.cross@MedicalCityHealth.com)

or Brittany Mullen

[Brittany.Mullen@MedicalCityHealth.com](mailto:Brittany.Mullen@MedicalCityHealth.com)

3901 W. 15th St.

Plano, TX 75075

#### **Requires:**

- Background check (must have SSN)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- Signed Statement of Responsibility (Exhibit A from Affiliation Agreement)
- Signed Confidentiality & Security Agreement (Exhibit B from Affiliation Agreement)
- Students must have proof of health insurance.

**Memorial Hermann - Memorial City  
Medical Center**

**Lourdes Nguyen**

713-242-4813

[Lourdes.Nguyen@memorialhermann.org](mailto:Lourdes.Nguyen@memorialhermann.org)

**Requires:**

- Background check may be requested at any time during internship
- Immunizations must be on file with TWU, including current flu vaccine
- Encourages students to have health insurance

**Memorial Hermann – SW Hospital Houston**

**Ryan Tully**

Senior Exercise Physiologist

713-778-6248

[Ryan.Tully@memorialhermann.org](mailto:Ryan.Tully@memorialhermann.org)

**Requires:**

- Background check may be requested at any time during internship
- Immunizations must be on file with TWU, including current flu vaccine
- Encourages students to have health insurance

**Memorial Hermann Texas Medical  
Center – Houston**

**Shamail Caligone** - Student Coordinator

[Shamail.Caligone@memorialhermann.org](mailto:Shamail.Caligone@memorialhermann.org)

Heather Knight-Westover

[Heather.KnightWestover@memorialhermann.org](mailto:Heather.KnightWestover@memorialhermann.org)

**Requires:**

- Background check may be requested at any time during internship
- Immunizations must be on file with TWU, including current flu vaccine
- Encourages students to have health insurance

**Methodist Charlton Medical Center – Dallas**

**Barbara Lennon**

Outpatient Cardiac Rehab

214-947-0671

[barbaralennon@mhd.com](mailto:barbaralennon@mhd.com)

3500 W. Wheatland Rd.

Dallas, TX 75237

**Requires:**

- Background check within 30 days
- 10-panel drug screen within 30 days
- Immunizations must be on file with TWU, including current flu vaccine
- Students must have proof of health insurance

**North Texas Medical Center – Gainesville**

**Kristie Bayer**

940-665-1751

[kristie.bayer@ntmconline.net](mailto:kristie.bayer@ntmconline.net)

1900 Hospital Blvd.

Gainesville, TX 76240

**Requires:**

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU.
- Encourages students to have health insurance

**Palo Pinto General Hospital**

**Kim Mason**

940-328-6529

[kmason@ppgh.com](mailto:kmason@ppgh.com)

400 Southwest 25th Ave.

Mineral Wells, TX 76067

940-328-6232

**Requires:**

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU.
- Encourages student to have health insurance

**Paris Regional Health****Stephanie Lind**

Education Coordinator

903-739-7511

[stephanie.lind@lifepointhealth.net](mailto:stephanie.lind@lifepointhealth.net)

865 Deshong Dr.

Paris, TX 75460

**Requires:**

- Background check
- 10-panel drug screen
- Immunizations must be on file with TWU.
- Encourage students to have health insurance.

**Parkland Health and Hospital System-  
Dallas****Shalena Robinson**

Exercise Physiologist - Cardiac Rehab

214-266-2137

[Shalena.robinson@phhs.org](mailto:Shalena.robinson@phhs.org)

5200 Harry Hines Blvd.

Dallas, TX 75235

**Requires:**

- Background check within 30 days (must have SSN or passport #)
- 10-panel drug screen within 30 days
- Immunizations must be on file with TWU, including current flu vaccine
- CPR/BLS Certification
- Students must have proof of health insurance

**Texas Health Arlington Memorial Hospital****Brenda Doughty**

Main Phone # 817-960-6475

[BrendaDoughty@texashealth.org](mailto:BrendaDoughty@texashealth.org)

800 E. Randol Mill Road

Arlington, TX 76012

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- CPR/BLS certification

**Texas Health Harris Methodist Hospital –  
HEB Cardiac Rehab****Adrian Schuh**

734-489-5143

[AdrianSchuh@texashealth.org](mailto:AdrianSchuh@texashealth.org)

1600 Hospital Parkway

Bedford, TX 76022

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- CPR/BLS certification

**Texas Health Harris Methodist Hospital –  
Stephenville****Crystal Allan**

254-552-3110

[CrystalAllan@texashealth.org](mailto:CrystalAllan@texashealth.org)

411 N. Belknap Street

Stephenville, TX 76401

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine
- CPR/BLS certification

**Texas Health Huguley Hospital – Ft. Worth South****Kari Wallace**

817-551-2681

[Kari.Wallace@adventhealth.com](mailto:Kari.Wallace@adventhealth.com)

**Note: Spring & Fall internships only**

11801 South Freeway

Burleson, TX 76028

**Requires:**

- Background check may be requested by facility
- 10-panel drug screen within 30 days
- Facility may request records of immunizations
- Encourage students to have health insurance

**Texas Health Presbyterian Hospital  
Cardiac Rehabilitation - Allen**

**Luis Hernandez Lirio**

Exercise Physiologist/Internship Coordinator

972-747-6909

[luishernandezlirio@texashealth.org](mailto:luishernandezlirio@texashealth.org)

Kelsey Gibbons

972-825-7631

[Kelsey.Gibbons@texashealth.org](mailto:Kelsey.Gibbons@texashealth.org)

1105 Central Expressway N.

Allen, TX 75013

972-747-1000 Main#

**Requires:**

- Background check (must have SSN# or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine

**Texas Health Presbyterian Hospital- Dallas**

Cardiac Rehabilitation

**Ashley Laible**

214-345-4645

[AshleyLaible@texashealth.org](mailto:AshleyLaible@texashealth.org)

Mary Kate Porterfield

[MaryHyde@texashealth.org](mailto:MaryHyde@texashealth.org)

8200 Walnut Hill Lane

Dallas, TX 75231

214-345-6789 Main #

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine

**Texas Health Presbyterian Hospital - Denton**

**LaNell Noggler**

Manager - Cardiac Rehabilitation

940-898-7359

[LaNellNoggler@texashealth.org](mailto:LaNellNoggler@texashealth.org)

3000 N. I-35,

Denton, TX 76201

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine

**Texas Health Presbyterian – Plano**

**Luis Hernandez Lirio**

[luishernandezlirio@texashealth.org](mailto:luishernandezlirio@texashealth.org)

972-981-3114

6200 West Parker Rd.

Plano, TX 75093

972-981-8000 - Main #

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine

**Texas Health Presbyterian - Rockwall**

**Steven Rios**

Cardiac Rehab Coordinator

469-698-1687 - Phone

[StevenRios2@TexasHealth.org](mailto:StevenRios2@TexasHealth.org)

3150 Horizon Rd.

Rockwall, TX 75032

469-698-1000 - Main #

**Requires:**

- Background check (must have SSN or valid Visa)
- 10-panel drug screen
- Immunizations must be on file with TWU, including current flu vaccine



### **Texoma Medical Center – Denison**

#### **Lisa Smith**

Director of Cardiac Rehab

903-416-5251

[Lisa.Smith@thcs.org](mailto:Lisa.Smith@thcs.org)

Michaela Prater - Assists Lisa

[Michaela.Prater@thcs.org](mailto:Michaela.Prater@thcs.org)

903-416-4245

5016 South US Hwy 75

Dennison, TX 75020

#### **Requires:**

- Background check
- Immunizations must be on file with TWU, including current flu vaccine and COVID
- Students must have proof of health insurance

### **Research in Biomechanics Internship**

#### **Option:**

- The program will be divided into two semesters: Fall/Spring – 175 hours each semester
- The student must have successfully completed Biomechanics at TWU (KINS 3593) with a grade of B or higher.
- Only students interested in pursuing research in Graduate School may apply for this position.
- CPR/AED Certification required
- To apply contact: Dr. Young-Hoo Kwon  
[ykwon@twu.edu](mailto:ykwon@twu.edu)



## **Corporate Fitness Internship Sites - Updated February 2026**

This is a list of pre-approved internship sites. Other sites are subject to the approval of the Administrator of Student Services, Jill Denniston. It is important to schedule an appointment with Mrs. Denniston to discuss the site you are choosing. **If you find that a contact or phone number has changed, please let us know by contacting Brenda Watson, Internship Coordinator, at [bwatson5@twu.edu](mailto:bwatson5@twu.edu).**

Unless otherwise indicated, the internship sites listed below require specific documentation that must be submitted to the School of Health Promotion & Kinesiology Administrator of Student Services and/or the Internship Coordinator. Refer to the Kinesiology Internship Manual for detailed instructions and additional information regarding each requirement.

Only those site requirements that have been mutually agreed upon for SHPK collection are outlined below. Internship sites may have requirements beyond those listed, and it is your responsibility to contact your site to determine and complete any additional obligations.

### **Adaptive Training Foundation**

**Andrew Byrd**

Operations Manager

469-830-5676

[andrew@adaptivetrainingfoundation.org](mailto:andrew@adaptivetrainingfoundation.org)

4125 Old Denton Rd.

Carrollton, TX 75010

Requires:

Confirm onboarding requirements with the site

[ahernando@athleteth.com](mailto:ahernando@athleteth.com)

1110 Raintree Circle

Allen, TX 75013

Requires:

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship.
- Facility may request records of immunizations.
- Encourages students to have health insurance.

### **APE Fitness & Performance - Grapevine**

**Marshall Bennett**

VP of Operations

307-421-9413

[marshallbennett23@gmail.com](mailto:marshallbennett23@gmail.com)

529 Industrial Blvd Suite 101

Grapevine, TX 76051

Requires:

Confirm onboarding requirements with the site

### **D&D Sports Med - Denton**

**Kathy Heimerdinger**

Area Manager

940-380-9111

[kheimerdinger@ddsportsmed.com](mailto:kheimerdinger@ddsportsmed.com)

2318 San Jacinto Blvd #108

Denton, TX 76205

Requires:

Confirm onboarding requirements with the site

### **Athlete Training & Health – Allen**

**David Perez**

Athletic Director

469-213-0730

[dperez@athleteth.com](mailto:dperez@athleteth.com) or

Adrian Hernando

General Manager

### **D1 Training - Cedar Park**

**Donald Gress**

[donald.gress@d1training.com](mailto:donald.gress@d1training.com)

440-339-8692

601 W. New Hope Dr.

Cedar Park, TX 78613

Requires:

Confirm onboarding requirements with the site

### **D1 Training – Dallas, Ft. Worth,**

#### **Arlington, Frisco & Garland**

**Kevin Engelbrecht**

214-750-0059

[kevin.engelbrecht@d1training.com](mailto:kevin.engelbrecht@d1training.com)

<https://d1training.com/facility/dallas>

#### **Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship.
- Facility may request records of immunizations
- Encourages students to have health insurance

### **D1 Training - Mesquite**

**Matt Hamzeh**

**Manager & Head Coach**

214-416-9607

[D1Mesquite@d1training.com](mailto:D1Mesquite@d1training.com)

1220 N. Town East Blvd. #660

Mesquite, TX 75150

#### **Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship.
- Facility may request records of immunizations
- Encourages students to have health insurance

### **D1 Training - Prosper**

**Jennifer Hanks - Owner**

972-435-6640

[jen.hanks@d1training.com](mailto:jen.hanks@d1training.com)

Isiah Perez - Site Supervisor

[Isiah.Perez@d1training.com](mailto:Isiah.Perez@d1training.com)

100 S Preston Rd., Suite #30

Prosper, TX 75078

#### **Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship
- Facility may request records of immunizations
- Encourages students to have health insurance.

### **Driven Elite Fitness & Health – Denton**

**Angie Maffey**

940-565-1500

[amaffey@drivenelite.net](mailto:amaffey@drivenelite.net)

2686 Old Alton Rd.

Denton, TX 76210

#### **Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship
- Encourages students to have health insurance

### **Elite Speed and Sports Training**

**Carlos Codie**

817-797-1079

[carloscodie@gmail.com](mailto:carloscodie@gmail.com)

435 CR4831, Bldg #2

Haslet, TX 76052

#### **Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship
- Facility may request records of immunizations

### **EXOS - Nationwide**

**Kendall Freeze**

864-381-2070

[kendall.freeze@teamexos.com](mailto:kendall.freeze@teamexos.com)

Internship Program Manager

***Kendall Freeze is the contact for all locations.***

#### **Area Locations:**

Children's Health Andrews Institute

Sports Management - Plano

PepsiCo (Corporate Wellness Site) Plano

American Airlines (Corp Wellness Site)

Ft. Worth

CapMetro (Corp Wellness Site) Austin

**Please see website for info**

[https://exos.wd501.myworkdayjobs.com/EXOS-CAREERS/job/Plano-TX/Sports-Performance-Intern---Spring-2026\\_25-1809](https://exos.wd501.myworkdayjobs.com/EXOS-CAREERS/job/Plano-TX/Sports-Performance-Intern---Spring-2026_25-1809)

#### **Requires:**

- Must have proof of health insurance

**F45 Training - Argyle**

**Tyler Buckminster** - Owner

940-441-1160

[tyler.buckminster@gmail.com](mailto:tyler.buckminster@gmail.com)

[Argyle@f45training.com](mailto:Argyle@f45training.com)

1234 FM 407, Suite 400

Northlake, TX 76226

**Requires:**

Confirm onboarding requirements with the site.

**Legacy Midtown Park**

**Elizabeth Niksich**

Director of Wellness

469-497-3817

[eniksich@thelegacymp.org](mailto:eniksich@thelegacymp.org)

8240 Manderville Lane

Dallas, TX 75231

**Requires:**

- Background check
- Drug screen may be requested by the facility at any time during internship.
- Immunizations must be on file with TWU.
- Encourages students to have health insurance

**Legacy - Willow Bend**

**Lorelei Pineda**

972-468-6215

[lpineda@TheLegacyWB.org](mailto:lpineda@TheLegacyWB.org)

6101 Ohio Drive

Plano, TX 75024

**Requires:**

- Background check
- Drug screen may be requested by the facility at any time during internship.
- Immunizations must be on file with TWU.
- Encourages students to have health insurance

**Risher Company - Houston**

**April Zieschang**

281-728-9435

[april@risherco.com](mailto:april@risherco.com)

5005 Rosslyn Rd.

Houston, TX 77018

877-574-7437 Main #

**Requires:**

- Background check
- Drug screen may be requested by the facility at any time during internship.
- Immunizations must on file with TWU.
- Encourages students to have health insurance.

**Sports Academy - Frisco**

**Bayleigh Wheat**

Intern Coordinator

940-999-1759

[bayleigh@sportsacademy.us](mailto:bayleigh@sportsacademy.us)

6155 Sports Village Rd., Suite 400

Frisco, TX 75034

**Requires:**

Confirm onboarding requirements with the site

**TWU Athletics - Sports Performance**

**Sandee Mott**

Athletic Director

[Smott3@twu.edu](mailto:Smott3@twu.edu)

1600 N. Bell Avenue, Pioneer Hall

Denton, TX 76204

**Requires:**

Confirm onboarding requirements with the site

**Texas Health Huguley Fitness Center –  
Ft. Worth South**

(only accepting interns with fitness health specialist interests)

**Randy Turner**

817-568-3131

[Randy.turner@adventhealth.com](mailto:Randy.turner@adventhealth.com)

11801 South Frwy., Burleson, TX 76028

**Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship.
- Facility may request records of immunizations.
- Encourages students to have health insurance.
- Confidentiality Statement (at orientation)
- Standards of Behavior Form (at orientation)

**YMCA of Metropolitan Dallas**  
**(This includes all DFW locations)**

**Corinne Carter**

Talent Acquisition Director

972-393-5121

[ccarter@YMCADALLAS.org](mailto:ccarter@YMCADALLAS.org)

146 Town Center Blvd.

Coppell, TX 75019

**(Locations Covered)**

Association Office-Coppell

Childcare-Coppell

Coppell Family YMCA

Cross Timbers YMCA (Flower Mound)

Frisco YMCA

Grand Prairie YMCA

JER Chilton YMCA at Rockwall

Lake Highlands YMCA

McKinney YMCA

Moody YMCA

Moorland YMCA at Oak Cliff

Park South YMCA

Plano YMCA

Richardson YMCA

Semones YMCA

T. Boone Pickens YMCA

Waxahachie YMCA

Rise School

Camp Grady Spruce

**Requires:**

- Background check may be requested by facility
- Drug screen may be requested by the facility at any time during internship.
- Facility may request records of immunizations.
- Encourages students to have health insurance.

## **Sport Management Internship Sites – Updated February 2026**

This is a list of pre-approved internship sites. Other sites are subject to the approval of the Administrator of Student Services, Jill Denniston. It is important to schedule an appointment with Mrs. Denniston to discuss the site you are choosing. If you find that a contact or phone number has changed, please let us know by contacting Brenda Watson, Internship Coordinator, at [bwatson5@twu.edu](mailto:bwatson5@twu.edu).

Unless otherwise indicated, the internship sites listed below require specific documentation that must be submitted to the School of Health Promotion & Kinesiology Administrator of Student Services and/or the Internship Coordinator. Refer to the Kinesiology Internship Manual for detailed instructions and additional information regarding each requirement.

Only those site requirements that have been mutually agreed upon for SHPK collection are outlined below. Internship sites may have requirements beyond those listed, and it is your responsibility to contact your site to determine and complete any additional obligations.

### **Allen Americans Professional Hockey Club**

**Hallie Stueckrath**

972-912-1000

[hallies@allenamericans.com](mailto:hallies@allenamericans.com)

200 E. Stacy Rd, Bldg 1350

Allen, TX 75002

Requires:

- Students must have proof of health insurance

### **North Texas Fastpitch Association**

**Randy Hale**

Co-Owner

214-454-5900

[R13hale@gmail.com](mailto:R13hale@gmail.com)

100 Birchwood Ct.

Forney, TX 75126

Requires:

- Students must have proof of health insurance

### **Arlington ISD Athletics**

**Kim Peach**

Arlington ISD Asst Dir of Athletics

[Kpeach1@aisd.net](mailto:Kpeach1@aisd.net)

682-867-1950

1001 E. Division St,

Arlington, TX 76011

Requires:

- Students must have proof of health insurance

### **Northern Texas PGA**

**Alexa Harper**

[aharper@ntpga.com](mailto:aharper@ntpga.com)

**Paige Holland**

214-379-1292

[pholland@ntpga.com](mailto:pholland@ntpga.com)

16124 Championship Dr.

Frisco, TX 75033

214-454-5900

Requires:

- Students must have proof of health insurance

### **Ft. Worth Sports Commission/Visit Ft. Worth**

**Heath Aucoin**

Director of Operations

918-688-3990

[heath@fortworth.com](mailto:heath@fortworth.com)

1201 Throckmorton St., Ft. Worth, TX

Requires:

- Students must have proof of health insurance

**Racing Systems****Felicia Rubalcudo**

214-642-8620

[manager@wetimeraces.com](mailto:manager@wetimeraces.com)

1501 Randolph St.

Carrollton, TX 75006

**Requires:**

- Students must have proof of health insurance

**Round Rock Sports Center &  
Multipurpose Complex,  
City of Round Rock Sports &  
Tourism Dept.****Riley Scott**

Assistant Sports Event Coordinator

521-592-8811

[rscott@roundrocktexas.gov](mailto:rscott@roundrocktexas.gov)

2400 Chisholm Trail Rd.

Round Rock, TX 78681

**Requires:**

- Students must have proof of health insurance

**San Antonio Missions Baseball Club****David Baez**

210-281-4527

[dbaez@samissions.com](mailto:dbaez@samissions.com)

5757 US Hwy 90 West

San Antonio, TX 78227

**Requires:**

- Students must have proof of health insurance

**Team Sports Agency****Scott Casterline**

Senior Agent &amp; CEO

214-769-3600

[Sagent4@gmail.com](mailto:Sagent4@gmail.com)

5 Cowboys Way, Suite 300-31

Frisco, TX 75033

**Requires:**

- Students must have proof of health insurance

**Texas Legends Basketball****Jayden Owens**

Team Operations

214-469-0118

[jowens@texlegends.com](mailto:jowens@texlegends.com)

2601 Avenue of the Stars

Suite 300

Frisco, TX 75034

**Requires:**

- Students must have proof of health insurance