

Okay, so my name is Tenae Nious, I'm a Sophomore, and my major is social work, and we're hanging out in the Outdoor Adventure Center. Well, this is my first semester here at TWU, so this is my first semester in participating in the Outdoor Adventure trips. My favorite outdoor Adventure trip was going hiking at Turner Falls, because I really loved the location, the weather was perfect, and I really loved how we stopped at the pie place afterwards. I definitely feel like you don't have to be an outdoor enthusiast to go on these trips, because I did not like outdoors before this semester. The only time I would go outside would-- just to talk to my car to class. So, I'd never done any of these things until these trips. So, they're for all different types of levels of physical activity and whether you love the outdoors or not, like me. I didn't, but now I do! The Outdoor Adventure trips definitely give you a good break from your daily routine of going to class, doing homework, and whatever else you have to do, work or whatever! It's just good to get with all of these different students and I love how it's a different group of students for each trip. So, getting to know all of these different people, and doing these activities, it's a really great break.